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**WEEKLY UPDATE**

**7/8/2020**

Dear Residents and Families/Representatives,

We hope everyone had a fun and safe July 4<sup>th</sup> weekend! We are happy to report that, as of today, we have no confirmed cases of COVID-19 in our facility. All staff of Allegany Health Nursing and Rehabilitation was tested on Thursday July 2<sup>nd</sup> as part of the State of Maryland's initiative to test all nursing home staff weekly. Once again, all of our tests came back negative. We plan to test every Tuesday ongoing to stay in compliance with the State's order and ensure a safe environment for our residents and staff.

We continue to follow our federal, state and local health officials' recommendations and guidance for all appropriate precautions and preventative measures that we have reported to you on our website and previous weekly updates.

With the growing number of COVID-19 cases in certain areas of the country, it is important to remember what you can do to help prevent community spread of the virus. You should wash your hands often with soap and water for at least 20 seconds, avoid close contact with people who are sick and people who don't live in your household by maintaining six feet of distance between you and them, cover your mouth and nose with a cloth face cover when around others, cover coughs and sneezes using the inside of your elbow and immediately wash your hands with soap and water for at least 20 seconds, and clean and disinfect frequently touched surfaces daily.

Please continue to check our website for weekly updates as well as notification of new cases. As always, we will notify you if we receive confirmation of a new positive case in our facility and we will reach out to you individually if your loved one is displaying symptoms of COVID-19 or tests positive for COVID-19.

If you have any questions or concerns please contact us directly at 301-777-5941.

Sincerely,

Debra Buckalew  
Administrator